

Health & Wellbeing SUPPORT FOR Pharmacists & Pre-Reg Students

We are aware that the Covid-19 pandemic has put extra pressure on the pharmacy sector at the frontline of the healthcare system.

During this difficult time, we want to remind you of the following free, impartial and confidential health and wellbeing services that you are eligible to access under PASS.



24/7 telephone
helpline



Structured
telephone/video
counselling



Financial
and legal
guidance



Access to online
support at
Inspire Hub



PHARMACISTS' ADVICE & SUPPORT SERVICE

PASS exists to help you and your family (spouse/civil partner, children and dependants) in times of need.

The service is provided by our independent workplace wellbeing provider, Inspire.

Why should I use this service?

The Covid-19 outbreak is a unique and unprecedented scenario for pharmacists, particularly as there has been no such crisis in our recent past. Strategies that have worked for you previously to manage stress or pressure might not be so effective during this time.

That's where this support comes in.

Sometimes just talking to friends or family can help but at other times such as this, it may be better to talk to someone trained to listen who can offer support, guidance and a fresh outlook.

How can I access this service?



Inspire Helpline: **0800 389 5362**



inspiresupporthub.org

Services require a password

**For more information and to obtain passwords call
PASS Coordinator **07951 004876****